

At the heart of healthy communities.

Attend 

Mental Health Learning Network

Dear Colleagues

Welcome to issue 35 of the Mental Health Learning Network Newsletter

The MHLN newsletter aims to highlight information, news & key updates within Mental Health. If you have any news items or articles you would like included please let us know.

I very much hope you find this newsletter useful. If you have any comments about the newsletter, good or bad, please let me know.

The next edition will be distributed on the 29th August 2013.

News

Mental Health SOS Campaign

Do you know what to do in a mental health emergency situation. Download the guide produced by Rethink Mental Illness or watch the video.

[Click here](#)

The body clock and mental health

Recent studies suggest that our biological clocks are also involved in mental health. Professor Russell Foster delivered a public lecture at the Physiological Society. Click the link to watch the video.

[Click here](#)

New online counselling service launched

Charity MindFull launch service to support and advise 11 – 17 year olds

[Click here](#)

Together project wins award

A project started by Together in Southwark wins innovation award from the Mental Health Providers Forum

[Click here](#)

Reports

A Civilised Society. Mental Health provision for refugees and asylum seekers in England and Wales

Report produced by Mind

[Click here](#)

Involving carers in mental health research. Case studies

3 case studies published by the Mental Health Research Network

[Click here](#)

Events

CoolTan Arts presents 'A Postcard to the World, One Year On'

Until September 20th 2013. Canada Water Library, Surrey Quays, London

[Click here](#)

NSUN Network for Mental Health

Forthcoming Mental Health Events – March 2013 – November 2013

[Click here](#)

Mental Health Helplines Partnership

Forthcoming workshop and conferences

[Click here](#)

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Debbie Baverstock

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Building healthy communities

Interested in becoming a member find out more here

<http://www.attend.org.uk/membership>

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