

Have you had a stroke?

Do you live in Enfield?

Are you looking for a new interest?

If you answered yes to ANY of the above then starting volunteering, a hobby or an activity could be for you.

We find ways for you to give a bit of your time with a local charity as a means to getting to grips with some of the challenges you face after your stroke.

Training, volunteering, hobbies & activities are great ways to improve your communication skills, your self esteem and your social life. Whether you want to learn new skills, give something back to the community, or just get out and meet people, Attend will work with you to find an opportunity that meets your needs. Offering a friendly environment for you to work out your next steps to recovery.

As part of the Enfield Stroke Pathway, this

Would you like to:

- Learn or develop new skills
- Start a new hobby
- Gain confidence
- Enhance your CV
- Meet new people.

service is available to everyone in Enfield who has had a stroke and their families/carers. Your skills and interests will be matched to an opportunity in Enfield.

We work with over 50 charities in the Enfield area. All are aware of the specialist needs of people who have had a stroke and we will support you throughout the experience.

For more information and to make an appointment contact Nichole Wheaton
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For more information on Attend, visit:
www.attend.org.uk

