

At the heart of healthy communities.



## Supporting Carers Better Network

Dear Colleagues

**Welcome to issue 29 of the Attend SCB Network Newsletter.**

The SCB newsletter aims to highlight information, news & key updates for carers. We will be looking at ways in which we can develop and enhance the information and support we give you. If you have any ideas or would like to help please let us know.

I very much hope you find this newsletter useful. If you have any comments about the newsletter, good or bad, please contact us.

The next edition will be distributed on the 3<sup>rd</sup> January 2013.

### News

#### **Co-op Charity of the Year**

Carers Trust has been named as The Co-operative charity of the year

[Click here](#)

#### **Crisis in Social Care?**

Conference seeks to ask questions about the possible crisis in social care and what the solutions might be

[Click here](#)

### Publications

#### **'If only I knew that a year ago 2013'**

New practical guide for carers of a disabled person or anyone who has a disability  
*Radar- the disability rights people*

[Click here](#)

### Carers stories

#### **Three carers talk about their lives as carers**

Age UK

[Click here](#)

## **Useful links**

### **Post Office special offer**

If you are in receipt of support allowance, incapacity benefit or pension credit you could be eligible for a special offer when you purchase stamps at the Post Office.

[Click here](#)

### **Carers World Radio**

Live broadcast for Carers Rights Day, 30<sup>th</sup> November. 7pm

[Click here](#)

## **Events**

### **1 day workshop for Mental Health Family Carers**

25<sup>th</sup> January 2013 – Central London

[Click here](#)

### **Carers Week 2013**

Dates for Carers Week – Monday 10<sup>th</sup> June to Sunday 16<sup>th</sup> June 2013. Click the link for details

[Click here](#)

We respect your privacy therefore if you do not wish to receive these regular updates please send an email to [info@attend.org.uk](mailto:info@attend.org.uk)

### **Debbie Baverstock**

Administrator

Attend

Web: [www.attend.org.uk](http://www.attend.org.uk)

Building healthy communities

### **Interested in becoming a member? Find out more here**

<http://www.attend.org.uk/membership>

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